



Appetizers & Small Plates

- Tapas de Porkbelly** ----- 9-hour pork belly on crispy baguette with huacatay & tartara sauces
- Conchitas a la Parmesana** ----- flambeed scallops, white wine, parmesan
- Ensalada TLP de Camarones** ----- house salad with panko shrimp & avocado
- Ocopa Arequipeña** ----- potato, creamy ocopa, egg & fried fresh cheese
- Tataki Ahumado de Atún & Pulpo** ----- tuna tataki + octopus over loche purée
- Tacos de Cebiche** ----- mahi-mahi ceviche in crisp shells, avocado, sriracha mayo
- Tiradito Ahumado de Tuna & Pulpo** ----- tuna tataki & octopus, green peas leche de tigre
- Tortillas Manta** ----- mahi-mahi & shrimp croquette, nori mayo, miso honey

Manta RESTAURANT Wynwood

CEBICHES & CAUSAS

- Cebiche a la Brasa** ----- mahi-mahi ceviche, grilled octopus, avocado, EVOO leche de tigre
- Cebiche al Olivo** ----- mahi-mahi & octopus in Botija olive leche de tigre, avocado
- Cebiche 305** ----- mahi-mahi in rocoto leche de tigre with crispy calamari
- Cebiche Clásico** ----- mahi-mahi, lime, ají limo, leche de tigre, red onion
- Cebiche Manta** ----- mahi-mahi & seafood mix in cilantro leche de tigre, fried calamari
- Causa con Cebiche Frito** ----- ají amarillo potato, panko fried mahi-mahi ceviche, rocoto
- Causa de Tuna Tartare con Langostinos al Panko** ----- ají amarillo potato with tuna tartare, avocado, and panko shrimp in huancaína sauce

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Peruvian Rice & Pastas

- Risotto a la Huancaína con Lomo Saltado** ----- huancaína risotto topped with lomo
- Arroz con Mariscos** ----- creamy peppers rice with shrimp, calamari & scallops
- Apaellado Mar y Campo** ----- ají amarillo paella-style rice with seafood & chorizo
- Fettuccine al Pesto con Apanado de Lomo** ----- pesto pasta with beef milanese
- Gnocchi Pesto con Pulpo Anticuchero** ----- pesto gnocchi with grilled octopus
- Fettuccine a la Huancaína con Lomo Saltado** ----- huancaína fettuccine with lomo
- Fettuccine Misti con Entraña Wagyu** ----- Wagyu skirt, ocopa fettuccine, grilled shrimp
- Lomo Strogonoff con Fettuccine Carbonara** ----- filet mignon stroganoff, carbonara pasta



**Reserve your
table now**



**Go to Manta
Wynwood**





Starters

- Tuna Causitas Torchadas** --- tuna over ají amarillo potato, tartar, avocado ice cream
- Tataki Ahumado** ----- tuna tataki + octopus, loche squash purée, pepperonata
- Tortillas Manta** ----- mahi-mahi & shrimp croquette, nori mayo, miso honey
- Parmesana Manta** ----- flambeed scallops, parmesan, baguette toast
- Pulpo al Olivo** ----- octopus in Botija olive mayo

Manta RESTAURANT Lighthouse Point

Nikkei & Rolls

- Butifarra Peruvian Baos** ---- Peruvian ham, sarza criolla, sweet potato crisps
- Maki Scallops Tartare** ---- scallops, avocado, sesame soy paper, acebichada
- Kanimaki** ----- sesame soy paper, crab, miso mayo
- Tuna Avocado Manta Roll** --- tuna tartare, avocado, sweet chili honey aioli, black tobiko
- Acebichado Roll** ----- avocado, Ebi furai, mahi mahi, acebichada aauce, Manta furikake
- Furai Roll** ----- fried makimono salmon, cream cheese and avocado
- Sampler Sashimi 2pcs/Each** --- tuna & salmon, citrus ponzu

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Cebiches & Causas

- Cebiche al Olivo** ----- + variants (Clásico/ Mixto/ Carretillero/ Ají Amarillo)
- Causa con Cebiche Frito** --- ají amarillo potato, panko fried mahi-mahi ceviche, rocoto
- Trilogía de Cebiche** ----- classic, rocoto, ají amarillo sampler
- Cebiche Manta** ----- cilantro leche de tigre, crispy fried calamari
- Cebiche a la Brasa** ----- mahi-mahi ceviche with grilled octopus & avocado

Grilled, Rice & Pastas

Signature Plates

Classic Bites

Many more



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table now



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Pompano Beach

